



NHS

East London
NHS Foundation Trust



Mencap's Family Engagement Team

For families of children aged 6-12 with a diagnosis of Autism

Strengthen, Empower & Nurture (SEN) in Newham

Family Connectors use their lived experience to reach out to families, connecting them with peer support in the following ways:

- Facilitating peer support groups and developing parent/caregiver networks
- Supporting families after diagnosis to reduce feelings of stigma & isolation
- Working with services and the community to co-facilitate inclusive opportunities for families like co-production
- Empowering families to apply for Disability Living Allowance (DLA) and access workshops and opportunities to help them better support their child
- Co-facilitating or co-delivering support sessions with other service providers
- If you would like to join our **WhatsApp Parent Led Support Group**, please contact our Family Connectors below

If you have any questions, please contact our Mencap Family Engagement Team:

Family Connectors:

Fatima Uddin M: 07890 033 653 E: Fatima.Uddin@mencap.org.uk

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or

Family Engagement Worker: Elkie Sharp M: 07929 754 148 E: Elkie.Sharp@mencap.org.uk

